

F R I E N D S



MINUTES OF MEETING 11/14/13

ATTENDING: Zelda Ambrose, Betty Barone, Elizabeth Hughes, Brian Kenney, Mary Leslie ,
Lee Palmer, Rhoda Phillips, Faith Robinson, Clare Stuart.

The meeting opened at 10:10 AM, notes were passed, the minutes of last meeting were accepted and Clare reported a bank balance of \$38,678.35.

A report of the Gala of November 2nd was glowing. The decor, the food, the presentations of the honorees all combined to make it a lovely evening for Elizabeth and Bill Hughes, Rhoda and Lee.

A request of \$640 for the purchase of 4 round tables was granted as was for the purchase of 2 coffee urns, price to be determined.

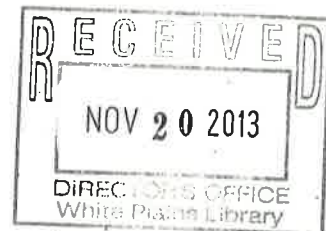
A suggestion for a memorial gift in Ralph Palmer's name was brought up, to be determined when Lee is occupied elsewhere. (She thanks you for the thought).

The question of how to dispose of unused meds came up and Bill was immediately very helpful with the information (attached)

At that point we followed Brian to the 1st floor for a tour of the almost-completed Edge. It looks fabulous. Low enough shelving so the room is easily viewed from all points, rolling book cases that can make a small room larger, a sliding glass door that affords quiet and separation for computer users. All in all an attractive and functional space for our teen patrons.

The December meeting is still on schedule unless we draw a blank on wonderful things to discuss - in which case we'll phone. Have a lovely Thanksgiving - see you on December 12th.

Leatrice Palmer
Leatrice Palmer
Secretary





Information for Households

Recommended Drug Disposal Options

Where available, the best option is to take your medications to a local collection event.

See the schedule of pharmaceutical collection events in New York State.

While waiting for a collection event, keep all medications in a safe, secure place in your home out of reach of children and pets. If you cannot ensure that there will be no unauthorized or accidental use of the medications (including controlled substances such as fentanyl, oxycodone, etc) by children or others, it is best to dispose of them as soon as possible. Follow the instructions on the package or use the trash disposal steps listed below.

Note: Most Household Hazardous Waste Collections **will not** accept pharmaceuticals.

*** Important information regarding controlled substances:**

To guard against unauthorized use of controlled substance medications, the NYS Department of Health must approve events that collect these substances. Before you take controlled substances to a collection event, check with the event organizers to see if they are authorized to accept them.

If a pharmaceutical collection is not available, follow these steps to dispose of drugs in the trash:

- Treat medications (liquids and pills) by adding water and then salt, ashes, dirt, cat litter, coffee grounds, or another undesirable substance, to avoid accidental or intentional misuse of drugs. Do not conceal discarded drugs in food to prevent consumption by scavenging humans, pets or wildlife.
- Hide all medications in an outer container, such as sealable bag, box or plastic tub to prevent discovery and removal from the trash. Seal the container with strong tape.
- Dispose of drugs as close to your trash collection day as possible to avoid misuse and/or misdirection.

Note: Be careful in handling medications. Some drugs can cause harm if handled by people other than those to whom they were prescribed. Also, avoid crushing pills as some medications can be harmful in powder form.

Medications self-administered by injection with a needle or "sharp" may be disposed of in the trash.

If such medications include an attached needle, they should be placed in a puncture proof container, sealed with tape and labeled as "sharps." However, the state *strongly recommends* that medications with attached needles be disposed of at



A portion of prescription and over-the-counter medications will not be used and if flushed or poured down the drain,



Drug Disposal

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Any prescription or over-the-counter pills, liquids, ointments and lotions as well as pet medications can be brought to the Household Material Recovery Facility, a participating Police Department, or can be disposed along with household garbage by following the proper protocol. Importantly, never dispose of medications by flushing them down the drain or the toilet.

Monthly collection dates

Although the Household Material Recovery Facility is open every Tuesday, Thursday and Saturday, medications are only accepted once a month. Look at the calendar of take-back days below and book an appointment on one of the listed dates. Keep all items in the original container or, if it's not available, put them in a sealable plastic bag. Liquid medications should be in their containers and inside sealable plastic bags. County staff will be on hand to accept expired and unused medications for disposal.

Wastes that are not accepted are sharps (needles and syringes). Bring medical sharps to a hospital or nursing home that accepts them.

2013 Drug Disposal Days at the H-MRF

Date	Day	Time
11/7	Thursday	10 a.m. - 3 p.m.
12/3	Tuesday	10 a.m. - 3 p.m.

2014 Drug Disposal Days at the H-MRF

1/7	Tuesday	10 a.m. - 3 p.m.
2/4	Tuesday	10 a.m. - 3 p.m.
3/4	Tuesday	10 a.m. - 3 p.m.
4/1	Tuesday	10 a.m. - 3 p.m.
5/6	Tuesday	10 a.m. - 3 p.m.
6/3	Tuesday	10 a.m. - 3 p.m.

Ongoing collection programs

The following Police Departments have locked and secure collection boxes where medications can be returned twenty-four hours a day. It is strongly recommended that you call the Police Department first to confirm program details.

Police Department Drug Disposal Collection Programs

Ardley	507 Ashford Avenue	693-1700
Bedford	307 Bedford Road	241-3111
Briarcliff Manor	1111 Pleasantville Road	941-2130
Croton	1 Van Wyck Street	271-5177
Eastchester	40 Mill Road	961-3464
Greenburgh	188 Tarrytown Road	682-5300
Lewisboro	20 North Salem Road	763-8903
Mount Pleasant	1 Town Hall Plaza	769-1941
Mount Vernon	2 Roosevelt Square North	665-2500
Ossining Village	88 Spring Street	941-4099
Peekskill	2 Nelson Avenue	737-8000
Pleasantville	80 Wheeler Avenue	769-1500
Port Chester	350 North Main Street	939-1000
Pound Ridge	177 Westchester Avenue	764-4206
Rye Brook	938 King Street	937-1020
Rye City	21 McCullough Place	967-1234
Scarsdale	50 Tompkins Road	772-1200
Somers	98 Primrose Street	232-9622
Tarrytown	One Depot Plaza	631-5544
White Plains	77 South Lexington Avenue	422-6400
Yorktown	2281 Crompond Road	962-4141

Other disposal options

If residents cannot stop by a participating police station or the H-MRF, the New York State Department of Environmental Conservation (DEC) asks that the unwanted household medications are not flushed down the toilet or poured down the drain. Instead, they urge residents to mix the contents with undesirable substances (such as coffee grounds, cat litter or dirt), disguise to prevent discovery, tape the containers closed with strong tape, and toss into the garbage. For more information please visit the DEC's drug disposal website.

Medical sharps and needles

In addition to medications, many people are unsure how to properly dispose of used hypodermic needles or "sharps." Currently no state laws prohibit the disposal of hypodermic needles and other household sharps in the trash. Most municipalities allow it providing the sharps are safely packaged. Preferably household sharps should be dropped off at the nearest hospital or nursing home. The Sharps Smarts brochure contains instructions on how to properly dispose sharps in