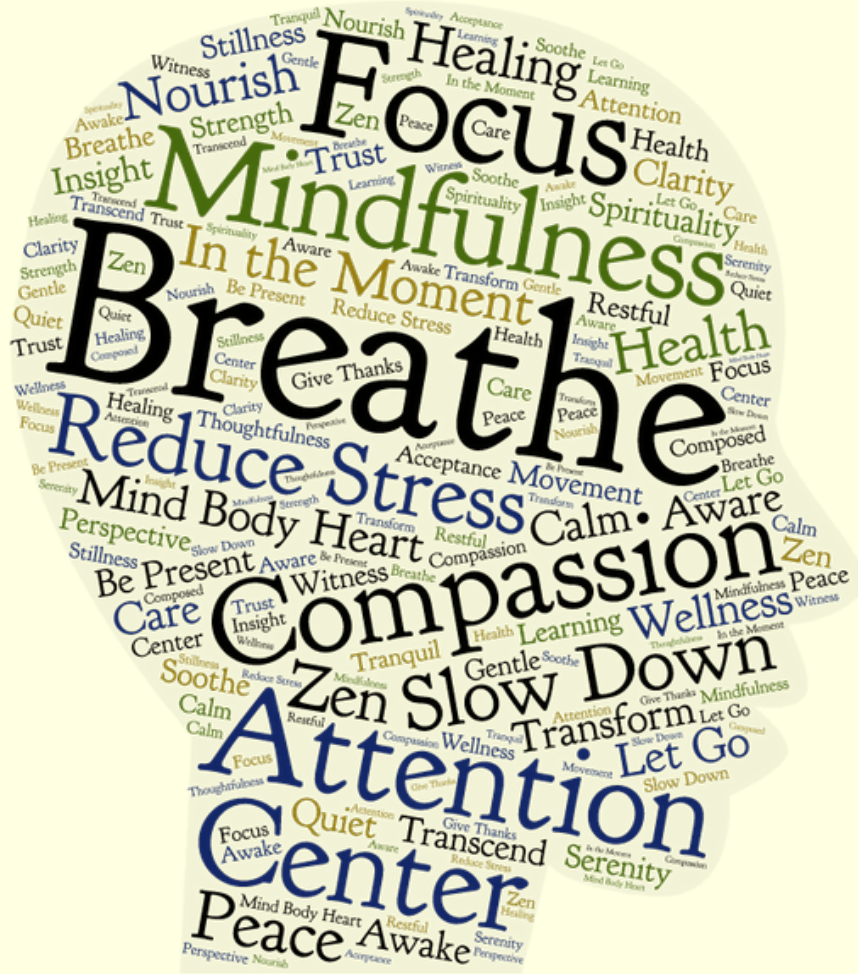


LUNCHTIME MEDITATION PROGRAM @ THE LIBRARY



Wednesdays
12:15pm to 1:00pm

Brief beginning instruction will be followed by silent meditation. No registration necessary. An experienced guest teacher will attend the first Wednesday of each month.



WHITE
PLAINS
PUBLIC
LIBRARY

FB: facebook.com/WhitePlainsPublicLibrary • Instagram: whiteplainslibrary • Text: WPPL to 66746

100 Martine Avenue, White Plains NY 10601 • 914-422-1400 • whiteplainslibrary.org