



WHITE  
PLAINS  
PUBLIC  
LIBRARY

100 Martine Avenue, White Plains NY 10601  
914-422-1400 • whiteplainslibrary.org

# Adult Events Calendar

## February 2019

Unless otherwise noted, registration is not required, all programs are free, and are funded by the City of White Plains.

**Key to How Our Events are Funded (Fr) - Friends of the White Plains Public Library (Fo) - White Plains Library Foundation**

### Spanish

#### Tarde de Ñ (Spanish Conversation)

Tuesday, **2/26** 6:00 p.m.

Practice your Spanish skills with Andrei Bezzubikoff. Andrei will offer discussion topics in Spanish for each session, providing participants with the opportunity to practice pronunciation and meaning. Participants should speak Spanish at an intermediate to advanced level.

### Food

#### Kraft Mobile Food Pantry

Wednesday, **2/6** 12:30 p.m.

Sponsored by Feeding Westchester, the mobile food pantry will distribute food to the first 100 households.

### Find us on...

[whiteplainslibrary.org](http://whiteplainslibrary.org)

facebook.com/WhitePlainsPublicLibrary  
Twitter: @WhitePlainsLib  
Instagram: whiteplainslibrary

E-mail us: Send your questions to  
librarian@whiteplainslibrary.org

Text a Librarian: Text "WPPL"  
followed by your question to 66746

### Noticias

Copias de este boletín informativo están

disponibles en la Biblioteca y español.  
[whiteplainslibrary.org](http://whiteplainslibrary.org).

### Book

#### The Future is Female

Monday, **2/4** 2:00 p.m.

Join us for this new book club to discuss timely and diverse memoirs by insightful and inspiring women. For 2/4, please read *My Beloved World* by Sonia Sotomayor. The first Hispanic and third woman appointed to the U.S. Supreme Court tells her story with honesty and intimacy.

#### Slow Reading

Monday, **2/11 & 25** 2:00 p.m.

Readings for each session, led by teacher and author Ellen Lambert, will be works of great short fiction. We will study each work in detail. Readings can be found in *The Norton Anthology of Short Fiction*, 8th Ed. There are copies for loan at the Library. On 2/11 we will read "The Fall of The House of Usher" and "The Purloined Letter" by Poe and on 2/25 we will read "The Yellow Wallpaper" by Gilman.

#### Book 'Em! A Mystery Book Group

Wednesday, **2/13** 2:30 p.m.

Join Library Director Brian Kenney to discuss *Anatomy of a Scandal* by Sarah Vaughan.

### Holiday Closings

Lincoln's Birthday  
Tuesday, February 12  
Presidents' Day  
Monday, February 18

### Tax Preparation

#### AARP Foundation Tax-Aide Tuesdays & Wednesdays

10:00 a.m. - 3:00 p.m.

AARP volunteers are here to help low to moderate-income taxpayers, especially those 50+. Volunteers are trained to assist in filing certain tax forms and schedules, including Form 1040. This service will be available on Tuesdays and Wednesdays through April 10.

### Film

#### Winter Film Festival: Hollywood Blockbusters

Tuesdays 2:00 p.m.

- 2/5: Lord of the Rings: Return of the King  
2/19: Gravity  
2/26: Dunkirk

#### Library Hours

Monday - Thursday - 10 a.m. - 9 p.m.  
Friday - 10 a.m. - 6 p.m.  
Saturday - 10 a.m. - 5 p.m.  
Sunday - 1 p.m. - 5 p.m.

#### Phone Numbers

Renewals by Phone.....674-4169  
Checkout / Library Cards .....422-1490  
Adult Reference.....422-1480  
The Edge (Teen Services).....422-1481  
The Trove (Children's Services).....422-1476

#### Library Board of Trustees Upcoming Meeting

Wednesday, February 13  
at 7:00 p.m.

Meetings are open to the public.  
Call 422-1407  
for more information.

## Discussion

### English Conversation Group

Every Monday and Thursday at 2:00 p.m. Come practice your English skills in a friendly, casual atmosphere!

### Common Ground: Economic Inequality

Thursday, **2/21** 6:00 p.m.

Are you interested in sharing your thoughts about some of the toughest issues facing our country—as well as listening to the opinions of your neighbors and friends? Then join us for a series of community conversations hosted by the Library and the League of Women Voters of White Plains.

## Volunteer

### Volunteer Orientation Session

Saturday, **2/16** 2:00 p.m.

This session will provide an overview of adult (18+) volunteer opportunities at the library, the roles and responsibilities of volunteers and relevant policies and procedures. All prospective volunteers are required to attend.

## Technology

### Tech Wednesday for Adults

Wednesdays 12:00 p.m.

Whether it's app design or Virtual Reality, beginners can explore a wealth of different topics relating to the modern digital revolution. Registration is required.

**2/6:** 3D Printing  
**2/13:** iOS Development 101  
**2/20:** Augmented Reality 101  
**2/27:** Social Media 101

## Wellness

### Lunchtime Meditation

Wednesdays 12:15 p.m.

Brief beginning instruction followed by silent meditation, with a guest instructor the first Wednesday of the month.

### Wellness Wednesdays: Relax and Restore with Sound Meditation

Wednesday, **2/6** 7:00 p.m.

Experience a sound journey with Harmonic Alchemy duo Dr. Celine Daly and Julie Harris. Vibrations from their singing bowls, gongs drums, and flutes will soothe and help you recalibrate. **(Fo)**

### Wellness Wednesdays: Mindfulness as a Tool for Stress Management and Self-Exploration

Wednesday, **2/27** 7:00 p.m.

Laurence Magro (MBA & MS) will introduce you to Mindfulness and how this practice may positively impact all aspects of your life. Magro holds a Teacher Certification in MBSR (Mindfulness Based Stress Reduction). **(Fo)**

## Classes

### Finding Joy in Your Life

Tuesday, **2/5** 10:00 a.m.

Happiness is a choice and a habit we can all learn. In this session we will discuss what factors may prevent us from experiencing joy and how to bring it back into our lives. This workshop will be presented by Dr. Mimi Leibman, past President of the Staff Development Institute. Dr. Leibman received her Ph.D. in Psychology from the City University of New York. Registration is required.

## Poetry

### Poetry Slam and Open Mic

Wednesday, **2/6** 6:30 p.m.

To take part in our Open Mic and SLAM competition, bring one original poem of up to three minutes. Registration closes at 7:00 p.m. and the program begins shortly thereafter. **(Fo)**

## Computer classes

We offer hands-on computer classes every month. For complete descriptions, pick up a copy of our "Computer Classes" flyer, call 422-1480, or visit our website.

For one-on-one computer classes *en español*, please call Mariel Perez at 422-6982 for an appointment.

### Beginner Instruction

Call 422-1480 or visit the Hub Desk to schedule one-on-one trainings on: [Mouse and Windows Skills](#) & [Web Browser Basics](#).

### Intermediate Classes

*(for those with a little experience; online registration required)*

#### Intro to Microsoft Word, Pt. 1

Wed 2/6 3:00-4:30 p.m.

#### Intro to Microsoft Powerpoint, Pt. 1

Th 2/14 3:00-4:30 p.m.

#### Intro to Microsoft Powerpoint, Pt. 2

Fri 2/15 3:00-4:30 p.m.

#### Intro to Microsoft Excel, Pt. 1

Wed 2/20 3:00-4:30 p.m.

#### Intro to Microsoft Excel, Pt. 2

Th 2/21 3:00-4:30 p.m.

#### Intro to Microsoft Excel, Pt. 3

Tu 2/26 3:00-4:30 p.m.

## NEW!

### Open House: Media Lab

Visit the Library's Edge Media Lab and see what gadgets—like VR headsets and 3D Printers—we have to offer for both educational and recreational use. Equipment is provided; registration is not necessary; beginners are welcome.

**Sunday, 2/10**  
2:00-3:30 p.m.