May 20, 2020

Pause...and Reflect

Pause...and Reflect: Stories from Your Side of the Window. Join us for this eight session, online creative writing workshop. All writing levels welcome! Through exercises and supportive evaluations, you’ll learn techniques that will help you get to the heart of your stories from the pandemic. At the conclusion of the workshop, you are invited to have your story recorded and preserved.

Ultimately, these stories will become part of our new project Documenting COVID-19: White Plains Experiences for future writers, researchers, and students. Space is limited to 12 participants. Registration is required. This program is funded through the generous support from Poets and Writers. For scheduling details and to register,
Staff Assistance Unavailable for Memorial Day Weekend

Staff will be unavailable for phone, email, and text assistance from Saturday, May 23rd through Monday, May 25th for Memorial Day Weekend. Services will return with normal hours from 10:00 am-4:00 p.m. on Tuesday, May 26th.

For the Class of 2020

There might not be ceremonies, big parties, caps, or gowns this year, but the Class
of 2020 should still be celebrated, and we've got a few things to add to your Make Your Own Graduation toolkit.
Kids and Outdoor Social Distancing
a How-To Session for Families
with the White Plains Police Department

With warm weather finally here, kids are so excited to get outdoors -
biking or hanging out with their friends.
Lots of families are struggling to figure out how to do this safely,
following both mandated and recommended social distancing practices.
We all need some guidance!

Join Captain James Spencer and Officer Christina Brown of the
White Plains Police Department
A session for Kids and Parents Together
Wednesday May 20 @ 7:00pm

Click here to join:
https://us02web.zoom.us/j/82233775819?
 pwd=bVIYUVd6Qy94OWtJNjVxbjAwTjVsdz09
 Meeting ID: 822 3377 5819
 Password: 921485

Let's keep each other safe and enjoy the outdoors together!

Thanks to Councilman Justin Brasch and the Hebrew Institute of White Plains
for helping organize this session

COVID-19 Writing Prompt: Poem
White Plains Library Slammaster Erik ZORK Alan has assembled a poetry prompt for community members to use to express themselves during this strange and challenging time. Individual poems can be submitted to our Documenting COVID-19: White Plains Experiences collection.

Explore NYC from Home

Manager of Youth Services Josh Carlson assembled a list of resources for exploring NYC from home for all ages.
YOUTH COURT

REGISTRATIONS OPEN FOR SUMMER 2020

OPEN TO STUDENTS IN GRADES 9 - 11
EARN COMMUNITY SERVICE HOURS

Why Join Youth Court?

✓ Adjudicate REAL first-time low level crime youth offender cases
✓ Earn Community Service Hours
✓ Looks great on your college application!
✓ Network with Attorneys, Judges, and Community Leaders
✓ Gain valuable advocacy skills
✓ Improve public speaking

VIRTUAL TRAINING VIA ZOOM DURING JULY 6 – AUGUST, 2020
Tuesday & Thursday Evenings 5:30pm - 8:00pm

CONTACT:
Connie Jones-Hairston, Program Director @ 914-216-5697
or Youth Bureau @ 914-422-1378

Documenting COVID-19:
County Center Photos
Photos of the “Westchester County Center and the temporary hospital across the street” submitted by Anonymous can be found here on our website. “We are ready. The temporary hospital will be operated by the New York State Health Department through nearby White Plains Hospital.”

Submit your own experience.

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**Less Sugar, Better Health**

Tuesday, May 26  
7:30–9:00 p.m.

Cutting back on added sugar is one of the positive things to do for yourself. Excess sugar has been linked to diabetes, among other illnesses. Pharmacist and wellness educator Dr. Cedrick Batchateu explains how to identify the hidden sugars in so much of our packaged and processed foods and how to make simple changes to optimize our health. For more information on Batchateu, see www.drced.com/.

Attend the program by accessing Zoom with this link on 5/26.
**Around the Web**

**Facts on Coronavirus.**

The White Plains BID put together [this list of restaurants (and other businesses)](https://www.whitesplainsbid.com económicas) that are still open for takeout/delivery.

[Here is a (growing) list of resources](https://www.gigworkerhelp.com) for gig workers affected by the coronavirus pandemic.

[Shakespeare's Globe Theatre](https://www.shakespearesglobe.org) is in danger of closing.

How we dream during a pandemic: S.D. Chrostowska on [sleeplessness and surreality](https://www.newyorker.com/arts/critics/culture/how-we-dream-during-a-pandemic).

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**Photo of The Week**

**Above:** *Double Rainbow over White Plains.* Photo by Sara E.

We want your photos! In each issue of *This Week on Martine* we feature one patron...
submitted photo that was taken in White Plains. To submit your photography for a chance to be featured, visit our submission page, upload a photo, and fill out our form with a short description of the photo and your name.