November 2020 Virtual Calendar of Events

We recently announced the launch of our Grab&Go Kits, and we have a few different options available this month. Kits will be available in our lobby while supplies last. Simply grab one and go! Find out more here. This month sees the return of Carol Fitzgerald in our "What Should We Read Next?" program on 11/8, and our One Book, One White Plains book discussions wrap up this month with a teen discussion on 11/9, two adult events on 11/12 and 11/23, and an exciting Parent-Child discussion on 11/18. Those are just a few highlights for this month. Join us on Zoom (made possible through support from the White Plains Library Foundation) with a variety of virtual events presented by Library staff and local experts. Find a full listing of events below with details on attending.

And don't forget, you can reach us Monday through Thursday, 10 a.m. to 7 p.m. and Friday and Saturday from 10 a.m. to 5 p.m. at 914-422-1400, by texting WPPL to 66746, or by emailing us anytime.

Ideas for programs or activities? Send them my way.

Take care,
Brian Kenney
Library Director
bkenney@whiteplainslibrary.org

To attend a virtual event, either register through the provided link or, if attendance is open, visit the link for information on joining on the date the event occurs. Adult events are in orange, kids and family events are in yellow, teen events are in green, and events for assorted age groups are in blue. NOTE: To increase security in youth-focused programs, we are now requiring attendees to have a Zoom account to login to the event. Creating an account is easy and free.
Virtual Table Top Games  
Monday, November 2 & 16  
4:30-6:00 p.m.  
Play table top games virtually with Erik and Ashley. The event will be hosted on Zoom and the games will be played on boardgamearena.com. Please make a free account on boardgamearena prior to the event.

For information on joining, click on the date(s) you wish to attend: 11/2 & 11/16.

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Future is Female Book Discussion  
Monday, November 2  
2:00-3:00 p.m.  
Ellen O’Connell, White Plains resident and retired English teacher, will moderate a discussion of The Mothers by Brit Bennett. Published to critical acclaim, it was a New York Times bestseller and named Best Book of 2016 by NPR. **Physical copies** are available at our Library and it is also available as an **eBook** and **digital audiobook** from OverDrive and Libby.

For information on joining, [click here](#).

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Lunchtime Meditation  
@ the Library  
Wednesday, November 4, 18, & 25  
12:00-12:45 p.m.  
Brief beginning instruction followed by meditation. No experience or special equipment needed. A variety of guest instructors will lead the program.

For information on joining, click on the date(s) you wish to attend: 11/4, 11/18, & 11/25.

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iPhone and iPad Basics  
Wednesday, November 4  
10:30-11:15 a.m.  

College Admissions with Collegewise
Wednesday, November 4
6:00-7:30 p.m.
This presentation provides an overview of the different components of the college application and highlights ways student can make their application shine.

Register in advance here. Please be sure to include your email address.

Creative Writing for Middle Grades
Wednesday, November 4, 18, & 25
4:00 – 5:00 p.m.
A series of creative writing sessions for grades 4-8, in the spirit of National Novel Writing Month, which takes place in November. While we won't be writing an entire novel, we'll talk about various elements of the creative writing process and work with some fun writing prompts.

Register in advance here.

Storybook Dancing
Thursday, November 5
10:00 – 11:30 a.m.
Steffi Nossen School of Dance presents Virtual Storybook Dancing!

For information on joining, click here.

Virtual Youth Meet-up

The Science Behind Mindfulness Practices
Wednesday, November 4
7:00 – 8:30 p.m.
We've all heard that meditative practices are good for us, but is there science to back up this claim? Can they reduce stress and anxiety, lower blood pressure, and actually change our brains? Join Laurence
Thursday, November 5 & 19
5:00-5:45 p.m.
Have a computer or smartphone? Join Austin Olney (Schmiegle) in a new, virtual world for teens using the Roblox platform. Participate in a variety of fun activities with friends!

Register in advance for the date(s) you wish to attend 11/5 and 11/19.

Bilingual Music Time
Friday, November 6 & 20
11:00 – 11:45 a.m.
Join Nancy Hershatter for a fun bilingual music program!

For information on joining, click on the date(s) you wish to attend: 11/6 & 11/20.

English Conversation Group
Friday, November 6, 13, 20, & 27
2:00 – 3:00 p.m.
For ESL speakers. Come practice your English conversation skills in this fun, supportive virtual setting! Feel free to bring your own conversation topic.

For information on joining, click on

Quick n Easy Tabletop Display
Thursday, November 5
7:00–8:00 p.m.
Want to dress up your table this Fall? Sip a cup of tea and join Librarians Kristy Bauman and Kathlyn Carroll to learn how to make a cute, decorative pumpkin. Festive cloth, ribbon, twigs, and a complimentary teabag will be supplied by the Library. Participants will need to supply a full roll of toilet paper. Registration is required. Those signed up will be notified when they can pick up their bag of supplies from the Library's Holds shelf in the vestibule. Adults and teens welcome!

Click here to register.

Magro for an introduction to mindfulness-based interventions, focusing on MBSR (Mindfulness-Based Stress Reduction). Learn about research that supports the positive outcomes of formal and informal practice and engage in brief experiential exercises. Laurence is a psychotherapist and certified professional in MBSR. For more information, see http://www.mindfullivingny.com.

For information on attending, click here.
What Should We Read Next?
Sunday, November 8
1:00-2:30 p.m.
Get a heads-up on new books and refresh your reading list with books you might have missed with publishing insider Carol Fitzgerald. Back by popular demand, Carol will share news about the season’s buzz-worthy titles and chat about what books groups have been doing since March when “the world went virtual.” Carol Fitzgerald is the President of The Book Report Network—a group of internet sites on books and authors that have become the gathering places for a large and devoted community of booklovers since 1996, and the host of the “Bookreporter Talks To” video/podcast series.

D&D for Teens
Friday, November 6
4:00-6:00 p.m.
For beginning and experienced adventurers, take part in a D&D campaign. We will start by creating our characters using D&D Beyond, give our characters back stories, then start on a simple campaign using Roll20, and the discussion will take place on Discord. Email ecarlson@whiteplainslibrary.org if you would like to join or if you have any questions.

Know the 10 Signs: Early Detection Matters
Monday, November 9
11:00 a.m-12:00 p.m.
Early diagnosis gives people with Alzheimer’s disease the chance to make key decisions about treatment, care and planning and the power to make choices about their own health and future. This program increases awareness of the benefits of early Alzheimer’s detection, and provides...
Slow Reading Book Discussion
Monday, November 9, 16, 23, & 30
2:00-4:00 p.m.
Featured on November 9, 16, 23, and 30 is *The Bluest Eye* (1970), Toni Morrison's first novel. (The 1970 Vintage International edition is the preferable text.) Lambert has a Ph.D. from Yale in English and taught high-school English at The Dalton School for over 25 years.
Contact Ellen at ellenzlambert@gmail.com or 914-582-4050 for details.

The Bluest Eye is available from our physical collection, and as an eBook and Audiobook from OverDrive and Libby.

For information on joining, click on the date(s) you wish to attend: 11/9, 11/16, 11/23, & 11/30.

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Stamped Book Discussion for Teens
Monday, November 9
4:30-5:30 p.m.
Join librarians Kat and Ashley for a book discussion and a trivia game. This month features a "One Book, One White Plains" title, *Stamped: Racism, Antiracism, and You*, by Ibram X. Kendi and Jason Reynolds. Teens in grades 7-12 are welcome to attend. We will provide a free copy of the book for the first 13 teens to register for the workshop. Limit 1 book per family. When the books are available, we will email to arrange pickup; please list an email address when registering.

Register in advance [here](#).
Storytime for Ages 2-6
Tuesday, November 10, 17, & 24
Thursday, November 19
11:00 – 11:35 a.m.
Virtual storytime with Trove Librarians for ages 2-6.

For information on joining, click on the date(s) you wish to attend:

Curt's ESL Pharmacy
Tuesday, November 10
4:00 – 5:00 p.m.
Pharmacist-turned-ESL instructor Curt Constable fills your English prescription with a fun class blending pronunciation, grammar, vocabulary and current events. He will cover a different topic in English each month. Participants should be at a "high beginner" or "low intermediate" level of English. No registration required.

For information on joining, click here.

Virtual Tech Help
Tuesday, November 10, 17, & 24
4:00–5:30 p.m.
Need help with a general computer issue or have questions about a particular piece of technology? Pick Digital Media Specialist Austin Olney's brain during this virtual assistance program. Whether a beginner or advanced user, all are welcome.

Register in advance for the date(s) you wish to attend and please be sure to provide your email address: 11/10, 11/17, 11/24.

Making a Will?
Ten Things You Need to Know
Thursday, November 12
12:00-1:00 p.m.
You'll hear from an expert who has been advising clients of all income levels about estate planning for more than 30 years. White Plains attorney Susan Edwards Colson will share the top ten questions she's being asked about creating or updating a will in today's world. Whether you'd like some basic
One Book, One White Plains Book Discussion
Thursday, November 12
2:00–4:00 p.m.
Monday, November 23
6:00–8:00 p.m.
This October and November, the Library is facilitating conversations about Ibram X. Kendi’s *How to Be an Antiracist*, which is quickly becoming an essential book for anyone who wants to go beyond an awareness of racism to the next step of contributing to the formation of a truly just and equitable society. **Print copies** of *How to Be an Antiracist* are available through the Library while **eBooks and digital audiobooks** are available through OverDrive and Libby.

Register for the date(s) you wish to attend: 11/12 & 11/23.

Virtual Chess Club
Thursday, November 12
5:00-5:45 p.m.
Youth are welcome to play chess online with each other in this fun, new event. Discuss chess strategy and challenge Austin Olney (Schmiegles) to a match.

Register in advance here.

Common Ground
Thursday, November 12
6:00–8:00 p.m.
Common Ground is a community conversation series where participants can express their viewpoints and listen to different...
Virtual Book Club for Teens
Friday, November 13
6:30-7:30 p.m.
Join librarians Kat and Lauren for a book discussion and a trivia game. This month’s book is a Project LIT title, *Born a Crime* by Trevor Noah. We’ll be reading the adult version of the book, but teens are welcome to read the young reader’s version if they prefer. The book is available on OverDrive and in print at the Library. Teens in grades 6 through 12 are welcome to attend.

Register in advance here.

Conozca Las 10 Señales
Tuesday, November 17
2:00-3:00 p.m.
Si usted o algún conocido está experimentando pérdida de memoria o cambios de comportamiento, es hora de que conozca la verdad. Detectar la enfermedad de Alzheimer temprano le dará la oportunidad de empezar un tratamiento, participar en un estudio clínico y planear para el futuro. Este taller interactivo muestra videos de personas Latinas afectadas por la enfermedad de Alzheimer.

Para más información sobre cómo asistir, haga clic aquí.

Telepresence and Video Conferencing Apps
Wednesday, November 18

perspectives in a civic environment. These conversations are offered through a partnership with the League of Women Voters of White Plains, the Library, and the YWCA White Plains & Central Westchester. This month’s topic is: Hunger & COVID 19

For information on joining, click here.
10:30-11:15 a.m.
In today's "virtual" world, there are many different video conferencing apps. While Zoom is popular, it is not the only option. Digital Media Specialist Austin Olney will break them down and discuss.

Register in advance here.

Book 'Em Wednesday, November 18
2:30-3:30 p.m.
Library Director Brian Kenney will lead a discussion of Edwin Hill's The Missing Ones. An island off the cost of Maine is chock-full of secrets.

The Missing Ones is available in print from our physical collection, and as an eBook and audiobook from OverDrive and Libby as well as Hoopla.

For information on joining click here.

Stamped Parent-Child Book Discussion
Wednesday, November 18
7:00 – 8:30 p.m.
Join librarians Ashley and Raquel for a parent child book discussion and trivia game for 4th, 5th, and 6th graders as well as their caregivers. We will be reading a "One Book, One White Plains" title, Stamped: Racism, Antiracism, and You by Ibram X. Kendi and Jason Reynolds. We will provide a free copy of the book for the first 12 parent child pairs to register for the discussion. Limit 1 book per family. When the books are available, we will email to arrange pickup; please list an email address when registering.

Register in advance (and be sure to include your email address) here.
**Red Door Readers**  
**Thursday, November 19**  
1:00-3:00 p.m.  
In conjunction with Gilda’s Club Westchester, we are offering a book discussion group for cancer survivors, their families and caretakers. Registration is required. After registering, you will be sent the Zoom link the Tuesday before the discussion. This month’s book is *How It all Began* by Penelope Lively. This novel set in London examines the role of chance in people’s lives, exploring how our lives can be altered irrevocably by someone we will never meet. The book is available in **print** and as an **eBook** through OverDrive.  

*Register in advance [here](#).*

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**Immunizations 101**  
**Thursday, November 19**  
7:00 – 8:00 p.m.  
Join Dr. Christopher Robles as he debunks common immunizations.

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**Short Story Book Discussion**  
**Thursday, November 19**  
2:00-4:15 p.m.  
Join librarian Barbara Wenglin to explore intriguing selections from the exciting new series anthology, *100 Years of the Best American Short Stories*, edited by Lorrie Moore (2015). The book is available in print through our **catalog** and as an **eBook** in **Hoopla**, **Libby**, and **Overdrive**. For this session, read "Those Are as Brothers" by Nancy Hale (p.132) and "Awaiting Orders" by Tobias Wolff (p.639).

*To register in advance, [click here](#).*
myths and explains the importance of vaccines for all ages—especially given the flu season and threat of COVID. Dr. Robles is a family medicine physician at White Plains Hospital Physician Associates. This lecture, followed by a Q&A, is presented in partnership with the White Plains Hospital.

To register, click here.

Rock out with Spencer!
Monday, November 23
11:00 – 11:45 a.m.
Rock out with Spencer from wherever you are!

For information on attending, click here.

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This newsletter is sponsored by the White Plains Library Foundation.

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Our mailing address is:
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