October Calendar of Events for Adults

October brings the return of another one of our popular book groups, the **Future is Female** (10/4), as well as the debut of the **Forever Young Adult Book Club** (10/28). This month we'll also celebrate **Italian-American Heritage Month** with a genealogy program focused on Italian ancestry (10/20), and we'll delve into the **fall delicacies of Japan** (10/27). Find a full listing of programs below with details on attending.

You can reach us Monday through Thursday, 10 a.m. to 9 p.m., Friday 10 a.m. to 6 p.m., Saturday 10 a.m. to 5 p.m., and Sunday from 1 p.m. to 5 p.m. at **914-422-1400**, by texting WPPL to **66746**, or by **emailing us** anytime.

Ideas for programs or activities? Send them my way.

Take care,

**Brian Kenney**
Library Director
**bkenney@whiteplainslibrary.org**

**Note:** Most newsletters will be clipped at the bottom when they reach your inbox. Please make sure you click on [**Message clipped**] **View entire message** at the bottom of your email for the full newsletter.

To attend a virtual event, either register through the provided link or, if attendance is open, visit the link for information on joining on the date the event occurs. Adult events are in

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**We appreciate support from the White Plains Library Foundation for many of our programs. Events funded by the Foundation are noted**
orange, events for parents are in yellow, and events for assorted age groups are in blue. NOTE: To increase security in youth-focused programs, we are now requiring attendees to have a Zoom account to login to the event. Creating an account is easy and free.

**Future is Female**

**Book Discussion**

Monday, October 4

2:00–3:00 p.m.

Ellen O’Connell, White Plains resident and retired English teacher, will moderate a discussion of *The Distance Between Us* (2013), a National Book Critics Circle Award Finalist, by Reyna Grande, novelist, motivational speaker, and writing teacher. Available from the Library in print / CD Audiobook. Libby & OverDrive have both the eBook and digital audiobook. For information on attending, click here.

**Understanding the Process of Becoming a U.S. Citizen**

Monday, October 4

6:00–7:00 p.m.

Community Relations Officer Shyconia Burden will discuss the naturalization application process. Learn what the eligibility requirements are before applying and how to qualify for any exceptions and accommodations. Officer Burden will answer any questions about the citizenship and the naturalization process. Click here to register.

**NaNoWriMo: The Olympics of Writing a Novel**

Tuesdays, October 5 through December 7
Digital Library Resources
Wednesday, October 6
10:30–11:00 a.m.
Join Digital Media Specialist Austin Olney and learn about popular online library resources. Beginners are encouraged, all are welcome.
For adults, parents.
Register in advance here.

Use YouTube Para Hacer Crecer Su Negocio
El miércoles 6 de octubre
6:30–7:30 p.m.
Obtenga las mejores prácticas para crear un canal de YouTube y contenido atractivo que promueva sus productos y servicios y también aumente el conocimiento de su marca. Registro. Use Youtube to grow your business. This program is presented in Spanish.

Lunchtime Meditation @ the Library
Wednesday, October 6, 13, 20, & 27
12:00–12:45 p.m.
Brief beginning instruction followed by meditation. No experience or special equipment needed. A variety of guest instructors will lead the program. For information on joining, click on the date(s) you wish to attend: 10/6, 10/13, 10/20, 10/27.

7:00–8:30 p.m.
Want help writing a novel? Are you planning on joining National Novel Writing Month (NaNoWriMo) this November but aren’t sure you have the stamina? With teaching artist Julia Rust, we’re offering weekly workshops starting in October: four training sessions before the marathon to help focus on the novel you’d like to create, and exercise your writing muscles in class. Three refresher/cheerleading sessions during November to keep you on track and provide support and encouragement. One follow-up class to celebrate, and the opportunity to ask “What’s next?” Click here to register.
100 Years of the Best American Short Stories

Short Story Book Discussion Series
Thursday, October 7 & 28
2:00–4:15 p.m.
Join Librarian Barbara Wenglin for our fall series using the anthology 100 Years of the Best American Short Stories focusing on the theme of couples. For 10/7, read "If You Sing Like That for Me" by Akhil Sharma (p.504). For 10/28, read "Will You Please Be Quiet, Please?" (p.260) by Raymond Carver.
Anthology is available to borrow in print, also as an eBook in Hoopla and Libby/OverDrive. Program made possible with support of the Friends of the Library. Click here to register for full series and attend when you can.

Poetry Slam & Open Mic
Wednesday, October 6
7:00–9:00 p.m.
Join Zork and Kristen for the First Wednesday Poetry Slam! Pre-registration is required to try and accommodate as many poets as possible. Register here to attend or perform. Please be sure to provide an active email address as we will contact you to confirm whether you will be performing or just attending. Adults & teens welcome!

Quick n Easy Drawing
Thursday, October 7
7:00–8:00 p.m.
This class will explore engaging our senses beyond the visual to create intuitive and uniquely personal interpretations of everyday objects. Participants will gather inspiration
Virtual Tech Help
Tuesday, October 12
2:00–3:00 p.m.
Need help with a general computer issue or have questions about a particular piece of technology? Ask Digital Media Specialist Austin Olney in this virtual assistance program. Whether a beginner or advanced user, all are welcome. **Register in advance here. Please be sure to provide your email address.**

Zoom Tips & Tricks
Wednesday, October 13
10:30–11:00 a.m.
Participants of this session will learn tips and tricks for attending (and hosting) Zoom events. **Click here to register.**

What It's Like to Be a Bird with David Allen Sibley
Tuesday, October 12
7:00–8:15 p.m.
David Allen Sibley is the author and illustrator of the series of successful guides to nature that bear his name, including *The Sibley Guide to Birds*. He has contributed to *Smithsonian*, *Science*, *The Wilson Journal of Ornithology*, *Birding*, *BirdWatching*, and *North American Birds*, and to the *New York Times*. He is the recipient of the Roger Tory Peterson Award for Lifetime Achievement from the American Birding Association and the Linnaean Society of New York’s Eisenmann Medal. This event is sponsored by a number of WLS libraries, plus Saw Mill River Audubon. **Click here to register.**
English Conversation Group
Wednesday, October 13 & 27
2:00–3:00 p.m.
ESL speakers, come practice your English conversation skills in this fun, supportive virtual setting! Feel free to bring your own conversation topics. For information on joining, click on the date(s) you wish to attend: 10/13, 10/27.

That's A Wrap!
Mummification in Ancient Egypt
Sunday, October 17
2:00–3:00 p.m.
Discover this fascinating Ancient Egyptian funerary practice that lasted thousands of years and allowed the ancient Egyptians a solid knowledge of human anatomy. This program focuses on the Egyptian’s idea of bodily preservation and how the process worked. Please note: Images of...
actual mummies will be shown. Part of a series on ancient culture. Click here to register.

Cuerpo y Cerebro
Sano es Vida Sana
El lunes
18 de octubre
7:00–8:00 p.m.

Un programa de Educación de la Asociación de Alzheimer's. Unáse a nosotros para conocer las investigaciones en las áreas de dieta y nutrición, ejercicio, actividad cognitiva y participación social, y use herramientas prácticas que lo ayudarán. Para registrarse, llame al 800.272.3900. An educational program by the Alzheimer's Association presented in Spanish.

Breast Cancer:
What You Need to Know
Wednesday, October 20

Pulitzer Prize winning novel, The Known World (2003). On 10/18, Chapters 7-9 will be discussed, and on 10/25, chapter 10. The book is available in our physical collection. OverDrive/Libby has both the eBook and digital audiobook. Leading the group is Ellen Lambert, who has a Ph.D. from Yale in English and taught high-school English at The Dalton School for over 25 years. Feel free to contact Ellen at ellenzlambert@gmail.com or 914-582-4050 with any questions. For information on joining, click on the date(s) you wish to attend: 10/18, 10/25.

Benvenuti Italiani!
Italian Genealogy Research and Dual Citizenship
Wednesday, October 20
7:00–8:00 p.m.

Determine if you are eligible to obtain dual citizenship. Find out what documents you need and how to obtain them, including Italian records. Uncover potential roadblocks and resources to get around them. Learn how to get started and what to expect in the dual citizenship process. For information on joining, click here.
7:00–8:00 p.m.
Approximately one in eight women in the United States will develop invasive breast cancer over the course of her lifetime. Join Barbara Murphy as she explains common risk factors, symptoms associated with breast cancer, and how regular screenings are the best method for early detection. Registered nurse Murphy, who worked at Memorial Sloan Kettering for twenty-four years, is now a Clinical Navigator at the Center for Cancer Care at the White Plains Hospital. This program is presented in partnership with the White Plains Hospital. For information on joining, click here.

10 Señales de advertencia de la enfermedad de Alzheimer's
El lunes
25 de octubre
7:00–8:00 p.m.
Examinaremos las señales de advertencia más comunes de la enfermedad de Alzheimer para que sepan qué es el envejecimiento normal y qué no lo es. Para registrarse, llame al 800.272.3900.
An educational program by the Alzheimer's Association presented in Spanish.

Common Ground
Thursday, October 21
6:00–8:00 p.m.
Common Ground is a community conversation series where participants can express their viewpoints and listen to different perspectives in a civic environment. These conversations are offered through a partnership with the League of Women Voters of White Plains, the Library, and the YWCA White Plains & Central Westchester.
This month's topic is: "What is the youth perspective on living in White Plains?" For information on joining, click here.

Genealogy Research in Cemeteries
Book 'Em
Wednesday, October 27
2:30–3:30 p.m.
Library Director Brian Kenney will lead a discussion of Michael Nava's Lies With Man. “This realistic, gritty mystery set during the AIDS crisis is an eye-opener.”—Publishers Weekly. This title is available in our physical collection and as an eBook from OverDrive/Libby. For information on joining, click here.

Tuesday, October 26
7:00–8:00 p.m.
Cemeteries often get a bad rap, especially around Halloween. But for the genealogist, they represent a potential storehouse of useful information to assist in their research. This session will go over the why and how to do cemetery research. The participant will learn what information can and cannot be found at the cemetery, how to learn where your relative is buried, and how to make your cemetery visit a productive one. For information on joining, click here.

Explore Japanese Culture: Harvest Time–Fall Delicacies of Japan
Wednesday, October 27
7:00–8:00 p.m.
Japanese cuisine and culture reflect the appreciation for the beauty of nature. In this program, we will explore the cultural events of fall and show you how Japanese people incorporate the seasonal harvest into their meals. We will also show you bento ideas perfect for picnics in the fall. Come join us to learn about the side of Japanese culture not well
Forever Young Adult Book Club
Thursday, October 28
7:00–8:00 p.m.

Forever Young Adult is a group for YA fans who are a little less "Y" and a bit more "A." Whether you're a regular YA reader or you need a break from your usual "To Read" list, all are welcome! We will discuss Cemetery Boys by Aiden Thomas at this session. This book is available in print and as an eBook and audiobook from OverDrive/Libby. This book club is made possible by a partnership between Yonkers Public Library and White Plains Public Library. For information on attending, click here.